

# Alive With Energy Clinic

Dr. John K. Whitham, D.C.

900 West Kenosha

Broken Arrow, OK 74012

(918) 251-8889



## CHIROPRACTIC INFORMED CONSENT

**CHIROPRACTIC:** It is important to acknowledge the difference between the health care specialties of Chiropractic and Medicine. Chiropractic health care aims to restore health through natural means without the use of drugs or surgery. These natural methods give the body maximum opportunity to utilize its inherent recuperative resources to achieve homeostasis. The success of Chiropractic Doctor's procedures often depends on a combination of biopsychosocial factors, including environment, underlying causes, physical and spinal conditions.

**ANALYSIS:** A Doctor of Chiropractic conducts a clinical analysis for the express purpose of determining whether there is evidence of Intersegmental Joint Dysfunction/Vertebral Subluxation Complexes (VSC). When such dysfunctions are found, Chiropractic adjustments and ancillary procedures may be given in an attempt to restore spinal and neural integrity. It is the Chiropractic premise that proper nerve transmission throughout the body is a factor in allowing for global healing potential. Due to the complexities of nature, no doctor can promise you specific results. This depends upon the inherent recuperative powers of your body.

**DIAGNOSIS:** Doctors of Chiropractic are experts in Chiropractic diagnosis. This includes physical, neurological and Chiropractic examination and use of X-Ray, MRI and CT imaging. Every Chiropractic patient should be mindful of his/her own symptoms and should secure other opinions if he/she has any concern as to the nature of his/her total condition. Your Doctor of Chiropractic may express an opinion as to whether or not you should take this step, but you are responsible for the final decision. Your doctor may also recommend "no care" as an option.

**INFORMED CONSENT FOR CHIROPRACTIC CARE:** I give the Doctor of Chiropractic permission and authority to care for me in accordance with Chiropractic tests, diagnosis and analysis. The Chiropractic adjustment or other clinical procedures are usually beneficial and seldom cause problems. I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fracture, dislocation, muscular strain, ligamentous sprain and in rare cases disc injuries and stroke. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him/her, is in my best interest. The doctor, of course, will not give a Chiropractic adjustment, or health care, if he/she is aware that such care may be contraindicated. The patient should look to the correct specialist for the proper diagnostic and clinical procedures. The Doctor of Chiropractic provides a specialized, non-duplicating health service. The Doctor of Chiropractic is licensed in a special practice and is available to work with other types of providers in your health care regime.

**RESULTS:** The purpose of Chiropractic services is to promote health through the restoration of spinal and neural integrity. As there are many variables, it is difficult to predict the time schedule or efficacy of the Chiropractic procedures. Sometimes the response is faster than expected. In most cases there is a more gradual, but quite satisfactory response. Occasionally, the results are less than expected. Two or more similar conditions may respond differently to the same Chiropractic care. The doctor will conduct periodic evaluations to assist in determining the efficacy and continued need of care.

**TO THE PATIENT:** Please discuss any questions or problems with the Doctor before signing this statement of policy.

I have read, and understand the foregoing.

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*Signature*

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*Date*